

# Join our study on the effects of temperature and humidity on COPD health outcomes

## Study title:

A Cross-sectional Survey on The Effects of Temperature and Humidity on Health Outcomes in Individuals with Chronic Obstructive Pulmonary Disease (COPD)

## Principal Investigators:

Mika L. Nonoyama,  
RRT PhD

Samantha Mekhuri,  
MHSc (c)

**Are you an individual with COPD and have difficulty with extremes of weather (hot/humid and/or cold/dry)?**  
**Consider participating in our study.**

## What is the study about?

We are interested in learning the **effects of temperature and humidity** on your **health outcomes** (quality of life, respiratory symptoms, physical activity, frequency of exacerbations, rescue inhaler use, & healthcare use).

## Who can participate?

We are looking for individuals aged 40 years and older, who have lived at least 1 year in Canada (experienced all seasons, not including times related to COVID-19).

## What's involved?

A one-time survey, around 20-30 minutes long (online, in person, or over the phone)

## Are there benefits to participating?

There are no direct benefits to participants, but it may help create a foundation for extreme weather-related COPD management programs. Participants will be given a \$20 gift certificate in recognition of their contribution.

## Interested? To ask questions contact:

Mika Nonoyama

905.721.8668 ext. 5329

[Mika.Nonoyama@ontariotechu.ca](mailto:Mika.Nonoyama@ontariotechu.ca)

[Samantha.Mekhuri@ontariotechu.ca](mailto:Samantha.Mekhuri@ontariotechu.ca)



This study has been reviewed by the University of Ontario Institute of Technology (Ontario Tech University) (#9336) on Sep 16, 2020

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